



Dear Parents and Carers at Berger,

At Berger we believe that children need to become knowledgeable about their bodies and their rights in order to ensure their bodies are safe. For this reason, we have created a Relationships and Sex Education plan (as part of our PSHE curriculum) that is tailored to their age group and focuses on issues that are part of children's development and understanding.

As such, we will be delivering age appropriate lessons that use scientific language for all body parts and human reproduction from Reception until year 6.

We believe that children in Reception are ready to learn this as they are already exploring their bodies and curious about others. We will, however, ensure that this vocabulary is used safely and appropriately, and that any issues that might arise from these discussions are dealt with accordingly and privately.

We also believe, in line with governmental legislation, that children need to be taught about how relationships might impact their lives. We want to provide our students with the interpersonal skills and knowledge to avoid negative relationships to take place in their lives.

All these lessons will take place ensuring that we foster an environment of safety and respect.

As stated in our Berger Together Ethos, we celebrate our diversity and encourage children to embrace others as having the equal right to be and celebrate who they are. This will include topics such as gender identity and sexual orientation.

The aim of these lessons will be to teach our children to:

- Be kind to each other
- Respect each other's differences
- Live in peace with one another
- Be comfortable to express who they are and how they feel
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In accordance with our RSE policy, parents have the right to withdraw their children from the non-statutory and non-science components of sex education within RSE.

Requests for withdrawal should be put in writing, using the form found in Appendix 2 of the RSE policy and addressed to the head teacher.

Alternative work will be given to pupils who are withdrawn from sex education lessons.

In order to ensure parents are as informed as possible, we are attaching the RSE objectives for each year group, explaining the concepts that will be taught in the RSE curriculum that year.

If you have any further questions or queries regarding this, please do not hesitate to contact us and we will share our curriculum and objectives with you in order to clarify what will be taught, and what resources will be used.

Best regards,

Yusuf Gleason
Head Teacher

Relationships and Sex Education Objectives - Berger Primary School

Reception:

Understanding the concept of gender as a construct. Discussing the differences and similarities between boys and girls, naming body parts including the correct name for genitalia when discussing that women have a vulva and breasts and boys have a penis and testes. Discussing toileting as a private time, setting boundaries with our bodies.

Year 1

Understanding the need for privacy in the toilet, setting boundaries with our bodies. Who do I feel is okay to hug or kiss? Discussing that people should always ask to give a hug or a kiss before they do it (consent). What if I am not comfortable with it? Continuing to use the correct name for body parts, including genitalia (penis and vulva) when discussing toilet privacy.

Year 2

Appropriate and inappropriate touch. Ensuring I am comfortable with hugs or embraces and I am giving permission. A hug or a kiss might be acceptable from certain people, but where and when do we accept a hug or a kiss? Using the correct name for body parts if they might arise in a discussion, including the names for genitalia. Privacy in different contexts. Who should I share my privacy with?

Year 3

Discussing diversity, including sexual orientation and gender. Highlight that we have the right to choose who we are and love who we love, and we must respect other people's choices about this, even when they go against what we believe. Continuing use of correct vocabulary for body parts, including the correct name for male and female genitalia.

Year 4

Acceptable and unacceptable physical contact, continue use of correct vocabulary for body parts, including the correct name for genitalia if this arises in a discussion. Introduce changes that happen at puberty. How our bodies begin to change and this comes with emotional changes. Discuss feeling associated with change and how to manage them.

Year 5

Understanding gender as a construct and sexual orientation as a personal choice. Changes that happen at puberty. Introducing the idea that certain relationships will lead to human reproduction through sexual intercourse and the part that menstruation plays in it. Naming body parts including the correct name for genitalia. Emotional changes that happen during puberty and how these might impact the way we are around others. How to cope with those feelings.

Year 6

Explaining how human reproduction leads to childbirth. Recognising negative relationships (including forced marriage) and committed and loving relationships (including marriage) which are part of the relationship education objectives. Deepening our understanding of personal boundaries and the right to privacy. Link this to things that are posted on different types of media. Understanding gender as a construct and the right to choose who we are. Discuss homophobic bullying, why it's unacceptable and how to stop it. Resisting pressure and the right to protect our bodies (including Female Gender Mutilation), continue using correct vocabulary for body par