



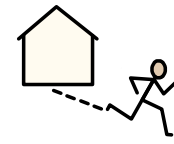
shouted



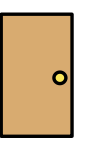
broke something



walked away



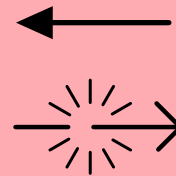
ran away



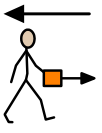
slammed the door



threw something



had a fight



took the phone

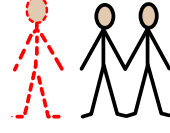
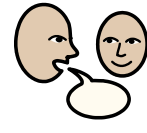
# What happened?



hurt someone



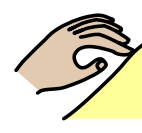
hurt my cat



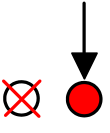
talked to strangers











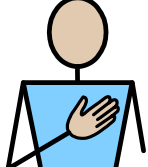

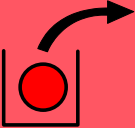






didn't listen











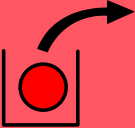










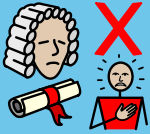




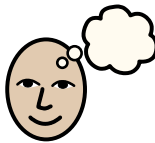
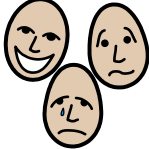










touched someone

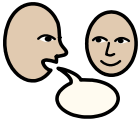





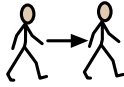







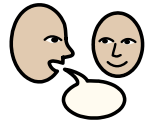
something else

|  |  |   |  |   |
|--|--|---|--|---|
| <br>let down        | <br>angry   | <br>frustrated | <br>shocked | <br>Scared   |
| <br>annoyed         | <p> <br/> How </p> <p> <br/> did _____ </p> <p> <br/> feel? </p> |   |  | <br>silly    |
| <br>out of control |  |   |  | <br>excited  |
| <br>sad           | <br>bored   | <br>confused | <br>tired | <br>lonely |

|  |   |   |  |   |
|--|---|---|--|---|
| <br>let down        | <br>angry  | <br>frustrated | <br>shocked | <br>Scared   |
| <br>annoyed         | <p>    </p> <p>           How did _____ feel?         </p> |   |  | <br>silly    |
| <br>out of control |   |   |  | <br>worried |
| <br>sad           | <br>bored  | <br>confused | <br>tired | <br>happy  |

|  |  |  |   |   |
|--|--|--|---|---|
|  <p>sad</p>     |  <p>sorry</p>   |  <p>guilty</p>  |  <p>ashamed</p>      |  <p>worried</p>  |
|  <p>ok</p>      |    <p>What is _____ thinking or feeling</p> |  |   |  <p>scared</p>   |
|  <p>calm</p>    |  <p>now?</p>   |  |   |  <p>unsure</p>   |
|  <p>happy</p> |  <p>positive</p>  |  <p>angry</p> |  <p>frustrated</p> | <p>something   else</p> |

|   |   |   |   |   |  |
|---|---|---|---|---|--|
|  <p>say</p>  <p>sorry</p> |  <p>time out</p>   |  <p>tidy</p>  <p>up</p> |  <p>listen</p> |  <p>follow</p>  <p>instructions</p> |  |
|   |     <p>What needs to happen to <u>put</u> it</p> <p style="text-align: center;">→</p> <p style="text-align: center;">right?</p> |   |   |   |  |
|   |   |   |   |   |  |
|   |   |   |   |   |  |



talk



ask



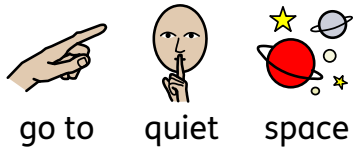
listen



wait



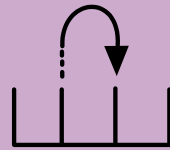
stop



go to

quiet

space



Next



time



I



could



count to

10

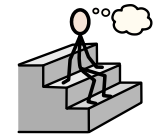
10



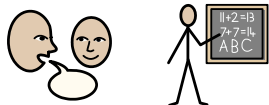
choose

something

else

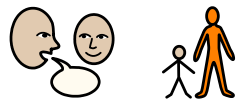


take a break



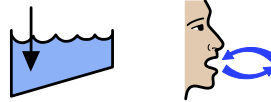
talk to

teacher



talk to

adult



deep

breathes

